

# MEET YOUR DIETITIAN KAYLA KIRSCHNER RDN CDN

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Kayla Kirschner is a Registered Dietitian Nutritionist on campus who supports students by providing health & wellness resources and nutrition counseling. Kayla collaborates closely with dining services to make nutritious and allergen friendly options readily available. Students have access to meet with Kayla and discuss their needs by contacting her at the information below,



Kayla offers the following services to all students on campus:

- One on one nutrition counseling
- General nutrition guidance on navigating eating on campus
- Assistance with special dietary needs (allergies, intolerances, or dietary preferences)
- Nutrition seminars/presentations to student groups and organizations



**Sign up for health & wellness information and seasonal recipes by scanning the QR code**

**Contact Kayla at [k.kirschner@fdu.edu](mailto:k.kirschner@fdu.edu)  
or call/text 908-926-4706**

Follow us on instagram for nutrition tips and tricks @fdudining